



Balmy Beach Canoe Club COVID-19 Policies & Procedures

In order to ensure a safe return to paddling and limit the spread of COVID-19, all participants must read, understand and follow the below procedures when on site. Failure to abide by these rules may result in a loss of paddling privileges.

Before attending the site all participants must:

- Read the BBCC COVID-19 Safety Plan
- Complete their daily COVID-19 screening
- Stay home if you are feeling sick or unwell

By participating in any BBCC program, the participant is agreeing to:

- Maintain a physical distance of 3 meters from all other participants
- Wear their mask when arriving and exiting the site
- Wipe down all shared surfaces in common touch areas after use
 - I.E. Bathrooms, equipment

On Site Instructions:

1. Arrive on site. You are allowed to park your car in the parking lot or lock your bike along the fence where the sports camp locks their bikes in the summer.
2. All personal belongings must be kept in your car or away from the trailer/boat loading area
3. All boats in use will be stored on the trailer.
4. Only 2 people can be at the trailer at one time. This means that upon arrival you need to stay clear of the trailer if it is occupied and wait your turn.
5. You must use hand sanitizer before touching anything on the trailer. Hand sanitizer will be provided & kept on the big trailer.
6. Boats will be strapped on the trailer using the same set of straps each time. Do not change your straps or touch others.
7. Time must be kept to a minimum at the trailer. You are there to unload your boat and immediately proceed to the docks. There cannot be any set up, warm ups, or discussion held at the boat loading area.
8. You must not enter the club house or the boat bay.
 - Only the washroom in the club house can be used in emergency situations. If you have to use the washroom, you must wash and sanitize everything after use (sanitizer is kept in the washroom). You must also wear a mask (not provided, you must bring your own mask).
9. After retrieving your boat from the trailer, you will walk between the boat bay and the fence to access east dock.



10. Only 2 people can be on the dock at once. If the dock is occupied, athletes must wait their turn by forming a line while staying 3 metres apart.
11. You must not touch each others equipment. This includes adjusting resistors or other boat parts - you must do this yourself.
12. If you are using a club life jacket, you return to the coach to be sanitized after use.
13. After you have finished your paddle, you will exit from West Dock and leave going down the path between the boat bay and the clubhouse. Athletes will need to line up along the side of the club house, staying 3 meters apart until the trailer is unoccupied (2 people maximum).
14. Athletes will load their boats 2 at a time to maintain the appropriate distance. Time at the trailer must be kept to a minimum. You are only loading your boat, gathering your belongings. Any other activity must be done outside of the designated boat loading space
15. You must maintain a 3 meter distance at all times.

Failure to follow these rules may result in the loss of your paddling privileges. Please sign and date below to indicate you have read and understand this document and the 2021 Balmy Beach Canoe Club COVID-19 Safety Plan.

Athlete Name: _____

Athlete Signature: _____

Date: _____