



## Memorandum

### Re: Cold Water/Air

Due to persisting cold water and air temperatures through the early spring and late fall months, in an effort to maintain a safe environment, all coaches and athletes of The Balmy Beach Canoe Club are required to adhere to the following guidelines:

- All paddlers, despite their ability, must wear a PFD approved lifejacket from the start of spring training until at least May 1st, during the fall training period from November 1 onwards, and at all other times when the water/air temperature is below 5 degrees Celsius.
- A whistle is to be attached to each PFD. (Its purpose is to attract attention. Don't hesitate to use it).
- All paddlers must be accompanied by a coach(es) and coach boat(s) when on the water. No paddler should be out of sight of a coach boat at any time.

This memo must be completed and signed by each paddler (and his/her parent/guardian if under 19 years of age) training on water during the spring and fall.

TO: THE BALMY BEACH CANOE CLUB

I, \_\_\_\_\_ (please print) a member in good standing of The Balmy Beach Canoe Club, have read and agree to follow the safety guidelines set forth above, and in doing so I accept full responsibility for my actions.

SIGNATURE: \_\_\_\_\_

DATE: \_\_\_\_\_

SIGNATURE OF PARENT/GUARDIAN (IF UNDER 19):

\_\_\_\_\_

DATE: \_\_\_\_\_

Please Print: \_\_\_\_\_